



21st European Symposium of Somatotherapy and Psychosomatic Education

Cracow, 17-18 September 2022



„MENTAL HEALTH - THEORY, RESEARCH AND PRACTICE”

Krakow, July 29, 2022

*Ladies and Gentlemen,
Dear Colleagues*

On behalf of the Organizing Committee of the 21st European Symposium of Somatotherapy and Psychosomatic Education, we are sending you the third message about the Symposium entitled:

„MENTAL HEALTH - THEORY, RESEARCH AND PRACTICE”

I would like to inform you that all submitted papers with abstracts have been accepted.

Symposium date:

September 17-18, 2022.

Place of the meeting:

Andrzej Frycz Modrzewski Krakow University in Krakow

Krakow, ul. Gustawa Herlinga-Grudzińskiego 1 (direct access from the Main Railway Station by tram no.50 from the Dworzec Główny Tunel 1 tram stop)

- Commencement, Plenary Sessions and End of the Symposium - Building B: lecture room 008, ground floor.
- Thematic sessions - Building B: rooms 008 and 020, ground floor.
- Workshops - Building C: rooms 207, 217 and 218, second floor.

I will be very pleased to welcome you to Krakow and I am convinced that the atmosphere of our city will not only support the deliberations, but will also allow you to spend a nice time.

Greeting

Chairwoman of the Organizing Committee

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Prof. KAAFm dr hab. Ewa Wilczek-Rużyczka



21st European Symposium of Somatotherapy and Psychosomatic Education

Cracow, 17-18 September 2022



„MENTAL HEALTH - THEORY, RESEARCH AND PRACTICE”

Krakowska Akademia im. Andrzeja Frycza Modrzewskiego w Krakowie
ul. Gustawa Herlinga-Grudzińskiego 1

SYMPOSIUM AGENDA Sobota, 17.09.2022	
8.00-9.00 REGISTRATION	
9.00-9.20 CONFERENCE OPENING	
The official opening and welcoming of the symposium guests and participants by the Rector of the Andrzej Frycz Modrzewski Cracow University, prof. KAAFM dr Klemens Budzowski, and the Dean of the Faculty of Psychology, Pedagogy and Humanities, prof. KAAFM dr hab. Ewa Wilczek-Rużyczka	
PLENARY SESSION: „In search of mental health”	
Session organizer: prof. zw. dr hab. Nina Ogińska-Bulik, prof. dr hab. Ewa Wilczek-Rużyczka	
9.20-10.00	
Bohdan Wasilewski	The evolutionary take on mental health
10.00-10.40	
Ewa Wilczek-Rużyczka	Mental health during the Covid-19 pandemic
10.40-11.20	
Rony Berger	Enhancing resiliency and cultivating pro-sociality in youth experiencing stress & trauma
11.20-12.00	
Nina Ogińska-Bulik	When the trauma of other people becomes one’s own – negative and positive outcomes of the help provided to traumatized persons
12.00-12.20	COFFEE BREAK

SESSION I „Mental health and global threats”		SESSION II „Mental health and global threats”	
Session organizer: prof. KAAFm dr hab. Teresa Olearczyk, prof. AJP dr hab. Karol Mausch		Session organizer: prof. KAAFm dr hab. Dorota Kubacka-Jasiecka, prof. WSB dr hab. Alicja Głębocka	
12.20- 12.35		12.20- 12.35	
Teresa Olearczyk	How the civilization will change the world, what is the condition of our civilization, what is our mental and spiritual condition	Dorota Kubacka-Jasiecka	Social and community intervention for health in postmodern times
12.35-12.50		12.35-12.50	
Ewa Białek	How to save the world and ourselves – the categorical imperative – psychology endowed with a soul needed here and now!	Alicja Głębocka, Alicja Żak-Łykus, Aleksandra Rogowska	Attitudes to vaccination in the pandemic
12.50-13.05		12.50-13.05	
Karol Mausch	The meaning of life and mental health of persons suffering from cancer	Wiesław Pilis, Krzysztof Stec, Karol Pilis, Alicja Głębocka	Psychological and physiological consequences of an 8-day-long starvation diet and their interdependencies
13.05-13.20		13.05-13.20	
Ewa Ryś	Images of subjective health condition in the context of the meaning of life experienced by persons suffering from cancer	Irena Milaniak	Uncertainty among organ recipients in the pandemic
13.20-13.30 DISCUSSION			
SESSION III „Mental resilience and personal resources”		SESSION IV „Mental resilience and personal resources”	
Session organizers: prof. KAAFm dr hab. Ewa Wilczek Rużyczka, prof. KAAFm dr hab. Tadeusz Ostrowski		Session organizers: prof. AJP dr hab. Ewa Ryś, dr Piotr Słowik	
13.30-13.45		13.30-13.45	
Tadeusz Ostrowski	Existential determinants of the mental resilience of persons undergoing dialysis	Maria Merklinger-Soma, Ewa Wilczek Rużyczka	Chosen personal resources among nurses
13.45-14.00		13.45-14.00	
Anna Merklinger-Gruchała, Maria Kapiszewska	Material resources (education) as a protective factor against stress-inducing lack of support from the partner during pregnancy	Barbara Siekierska	Motivation and engagement of paramedics – comparative analysis before and after the Covid-19 pandemic
14.00-14.15		14.00-14.15	
Maciej Barański	Profiles of fulfilment and frustration of the basic psychological needs – stress, cognitive assessment, self-management and life satisfaction	Grażyna Dębska, Wioletta Ławska, Agata Rudczyńska	Psychosocial functioning of paediatric nurses in the fields of health and life quality in the coronavirus pandemic

14.15-14.30		14.15-14.30	
Ewa Wilczek-Rużyczka, Magdalena Kwak	Mental health condition, sense of coherence and stress management styles among nurses	Piotr Słowik	Dynamics of psychological resources in the psychotherapy process among DDA syndrome patients
14.30-14.40 DISCUSSION			
14.40-15.30 LUNCH BREAK			
SESSION V „Trauma and posttraumatic disorders”		SESSION VI “Balint training as a form of support in aid professions”	
Session organizers: prof. zw. dr hab. Nina Ogińska-Bulik, prof. KAAFm dr hab. Ewa Wilczek-Rużyczka		Session organizers: dr hab. Joanna Pazik, dr Bogusław Stelcer	
15.30-15.45		15.30-15.45	
Paulina Michalska, Nina Ogińska-Bulik	Determinants of the negative outcomes of indirect exposure to trauma among therapists	Bogusław Stelcer	Michael Balint – the creative life of the doctor
15.45-16.00		15.45-16.00	
Alicja Sierakowska, Adam Pawlak	Neurobiological determinants in PTSD	Andrzej Mielecki	In between the close and the distant – on the therapeutic relationship
16.00-16.15		16.00-16.15	
Andrzej Mirski	Positive and negative results of stress and trauma: PTSD and PTG	Dariusz Łuczak, Katarzyna Owsiany	Contemporary image of the leaders of Balint groups, their needs, problems and challenges
16.15-16.30		16.15-16.30	
Wioletta Ławska, Marta Makara-Studzińska, Grażyna Dębska, Magdalena Nieckula,	Symptoms of anxiety disorders among students of medical studies in the Covid-19 pandemic – preliminary research	Joanna Pazik, Anna Rudecka	Implementation of chosen psychodrama techniques in the Balint training process
16.30-16.40 DISCUSSION			
16.40-17.00 COFFEE BREAK			
WORKSHOPS			
17.00-18.30		17.00-18.30	
Ireneusz Kaflik, Bohdan Wasilewski	Group Balint training – A large group	Joanna Pazik, Anna Rudecka	Group Balint training – a small group
CASUAL MEETING			
20.00-22.00	Dinner at „Emalia Zablocie” ul. Tadeusza Romanowicza 5/9a in Cracow		

SYMPOSIUM AGENDA
Sunday, 18.09.2022

PLENARY SESSION:
„New diagnosis and therapy methods in psychosomatics”

Session organizers: prof. zw. dr hab. Maria Paçhalska, prof. dr Hans-Christian Deter

9.00-9.40

Maria Paçhalska	New neurotechnologies in diagnosis and therapy of SARS-CoV-2- and NeuroCOVID-19-affected persons
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9.40-10.20

Hans-Christian Deter, Reinhard Meister, Constanze Leineweber, Lukas Lohse, Kristina Orth-Gomér & the Fem- Cor-Risk Study group	Behavioural factors predict all-cause prospective secondary analysis of the Stockholm Female Coronary Risk Study mortality in female coronary patients within 26 years – a prospective secondary analysis of the Stockholm Female Coronary Risk Study
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10.20-10.40

COFFE BREAK

10.40-12.40

Rony Berger

WORKSHOP:

Compassion-Focused Therapy for refugees and other trauma survivors

12.40-13.40

LUNCH BREAK

POSTER SESSION (during the lunch break 13.10-13.40)

Session organizer: dr Marlena Banasik

13.10-13.15

Piotr Rataj, Marlena Banasik

Chronic stress caused by stigmatization and mental health of healthy and professionally active persons

13.15-13.20

Ewa Burlikowska

Burnout among students – determinants and consequences

13.20-13.25

Michelle Villanueva Jara

Student support group as a form of psychological support for students

13.25-13.30

Michelle Villanueva Jara, Julia Drzazga, Jagoda Kossak, Ewa Burlikowska, Agnieszka Gąska

Psychosomatic ailments of the digestive system of persons in the schooling system

13.30-13.35

Karina Marciniak, Zuzanna Szczypińska

Parents' divorce and the emergence of trauma among children, and the impact of the trauma on the construction of future partnership relationships

13.35-13.40

DISCUSSION

SESSION VII „Psychosomatic disorders”		SESSION VIII „Psychoprophylaxis and children and youth support”	
Session organizers: prof. dr hab. Bohdan Wasilewski, dr Igor Łoniewski		Session organizers: prof. UJ dr hab. Hubert Kaszyński, mgr Małgorzata Słomka	
13.40-13.55		13.40-13.55	
Igor Łoniewski	Influence of the medicines prescribed by psychiatrists on microbiota	Hubert Kaszyński	Defining future competences
13.55-14.10		13.55-14.10	
Agata Misera	Microbiots on the couch, that is, why a psychiatrist and psychologist should use psychobiotics	Lech Popiołek	Impact of the pandemic and the threat of war on the social lives of children and youth, and their mental health
14.10-14.25		14.10-14.25	
Edyta Steczko, Aleksandra Świerczyńska, Małgorzata Woś	Non-organic sight disorders among paediatric patients – clinical observations	Karina Porębska, Bogumiła Pasierb-Nowak	New dimension of the psychoeducational diagnosis
14.25-14.40		14.25-14.40	
Ksenia Cielebąk, Maciej Korab	Dissolution of the I system among persons who have suffered an ischaemic stroke	Justyna Bomba- Odziemek, Aleksandra Potysz-Rzyman, Małgorzata Słomka	Children and youth support in the work of a psychological and pedagogical support centre
14.40-14.50		DISCUSSION	
SESSION IX „Forms of support for stress-inflicted persons”		SESSION X „Forms of support for stress-inflicted persons”	
Session organizers: prof. dr hab. Olha Yurtsenyuk, prof. KAAFm dr hab. Ewa Wilczek Rużyczka,		Session organizers: prof. KAAFm dr hab. Irena Milaniak, dr Celestyna Grzywniak	
14.50-15.05		14.50-15.05	
Olha Yurtsenyuk, Oleksandr Polishchuk, Victoria Osipenko, Lyubov Lyubina, Oksana Penderetska	Experience of the work of Medical-Psychological Center Bukovynian State Medical University	Celestyna Grzywniak	Role of a psychologist in diagnosis and therapy of persons suffering from the PANDAS syndrome
15.05-15.20		15.05-15.20	
Ewa Wilczek-Rużyczka, Aleksandra Gawrońska	Assessment of the effectiveness of TDCS in reduction of the professional burnout among nurses	Katarzyna Owsiany	Strengthening of intimacy and satisfaction in a relationship
15.20-15.35		15.20-15.35	
Michał Kupczyk	Depression in society in the Covid-19 pandemic and the impact of cognitive behavioural therapy	Dominika Zapotoczna	Visualization in psychological and psychotherapeutic work
15.35-15.45		DISCUSSION	

15.45-15.55				SYMPOSIUM SUMMARY			
15.55-16.10				COFFE BREAK			
WORKSHOPS							
16.10-17.40				16.10-17.40			
Bogusław Stelcer, Andrzej Mielecki Ewa Wilczek Rużyczka Katarzyna Owsiany		Group Balint training		Roksana Kociołek- Kaszyńska		On how to help children believe in themselves	